

# MNRI® Introduction to Intronauts and Infant Reflexes



**Dates:** March 22-24, 2019

**With Dr. Svetlana Masgutova**

**Location:** Netherlands

## **MNRI® INTRODUCTION TO INTRONAUT AND INFANT REFLEXES INTEGRATION**

MNRI® Introduction to Intronaut and Infant Reflexes Integration is a 24 hour course offering information on specific neurosensorimotor exercises for the mother and intronaut during pregnancy and birth, and neurosensorimotor exercises for the infant during the first 10 days of the infant's life and during the first year of life. This course will offer specific information important to the health and well-being of the mother and child based on the concept of reflex integration. Each exercise will be completely explained, demonstrated and practiced during the course content.

### **Learner Objectives**

1. Explain the Masgutova Neurosensorimotor Reflex Integration (MNRI®) Method and its scientific origins.
2. Explain the role of a primary reflex and its sensory, motor and central nervous system mechanisms.
3. Describe the progression of primary motor reflex patterns, beginning in utero and continuing through life.
4. Explore the impact of trauma on primary motor reflex patterns, the protective role immature reflexes play and the negative impact protection can have on a mother's and infant's ability to self-regulate, learn, develop, and grow.
5. Explain why it is essential to support brain development through the application of archetype movements and basic reflex patterns and explain how this affects overall development.
6. Describe how specific archetype movements and basic reflex patterns can be used as a preventive tool for individuals who have been affected from birth by unintegrated reflex patterns and birth stress and trauma.
7. Analyse how to support the infant's brain development during pregnancy through the first year of life.
8. Explain how neurosensorimotor reflex integration provides a preventive tool for both mother and infant, who may have been impacted by reflexes affected by stress during pregnancy, birth and the first year of life.
9. Describe how to create and apply an individual MNRI® program for mothers and infants with various challenges.
10. 10. Describe the process in which an intronaut learns and trains itself for all reflexes which leads to further self-training for birth during the last two weeks before delivery.

11. Analyse information and techniques to support the intronaut, newborn, and infant's successful reflex development.
12. Describe specific milestone stages and why they are classified into three categories: motor development, language development, and social/emotional development.
13. Explain how additional milestones, such as sensory-motor integration and reflex maturation, are important for the infant's health, well-being, growth and development.
14. Describe how the course specific exercises for pregnant women improves the growth and development of the intronaut, as well, as it's mother.
15. **15.** Under supervised practice, demonstrate the modified reflexes exercises for pregnant women.
16. Describe how the course specific exercises for pregnant women improves the birth process and delivery of the infant and over-all wellbeing of the mother.
17. Demonstrate the modified reflex exercises to assist in the birth and delivery for the infant and mother under supervised practice.
18. Describe how the course specific exercises for the newborn infant during the first 10 days of life offer a strong foundation for overall growth and development as well as life-long reflexes.
19. Describe how the course specific exercises for the mother of a newborn infant (first 10 days of life) offer a quicker and less stressful recovery from the trauma delivery.
20. Demonstrate the modified reflex exercises for the new born infant during the first 10 days of life under supervised practice.
21. Demonstrate the modified reflex exercises for the mother to assist in a quicker and less stressful recovery from the trauma delivery, under supervised practice.
22. Describe the impact of the following exercises will improve growth, development and resilience for an infant during the first year of life: Hand/Arm Reflex Patterns, Foot and Leg Reflex Patterns, Post-birth and HPA Stress-Axis patterns, Emotional Stability and Development Reflex Patterns, Oral-Facial and Visual-Auditory Reflex Patterns, Cognitive Activity Reflex Patterns, and Traveling Reflex Patterns.
23. Demonstrate the modified reflex exercises for Hand/Arm Reflex Patterns, Foot and Leg Reflex Patterns, Post-birth and HPA Stress-Axis patterns, Emotional Stability and Development Reflex Patterns, Oral-Facial and Visual-Auditory Reflex Patterns, Cognitive Activity Reflex Patterns, and Traveling Reflex Patterns.
24. Describe, evaluate and develop strategies to incorporate the use of the MNRI Intronaut and Infant Reflex Integration course content into daily client and home practice.

## **Time Agenda**

### **Day 1:**

#### **Hour 1: Masgutova Method and scientific origins**

**Hour 2:** Primary reflexes

**Hour 3:** Primary reflex patterns beginning in utero

**Hour 4:** Impact of trauma on primary motor reflex patterns

**Lunch 1 hour**

**Hour 5:** Archetype movements support for brain development

**Hour 6:** Archetype movements as a preventative tool

**Hour 7:** Support for the infant's brain

**Hour 8:** Neurosensorimotor Reflex Integration as a preventative tool

**Day 2:**

**Hour 1:** Creation of MNRI Program for infants with challenges

**Hour 2:** Reflexes for birth

**Hour 3:** Techniques for intronauts and newborns

**Hour 4:** Motor, language and social/emotional development

**Lunch 1 hour**

**Hour 5:** Additional developmental milestones and reflex maturation

**Hour 6:** Growth and development of intronaut

**Hour 7:** Modified reflex patterns

**Hour 8:** Exercises for the birth process and delivery

**Day 3:**

**Hour 1:** Review previous days techniques

**Hours 2-4:** Techniques for newborns during the first 10 days of life

**Lunch 1 hour**

**Hours 5-7:** Techniques to improve growth and development for infants

**Hours 8:** Review and develop strategies to use in daily and home practice.

## Additional Information and Registration

For more information or to register, visit <https://masgutovamethod.com/events?1181>.

You can also contact the local MNRI® coordinator for this course:

Wil van Kessel • [wilvankessel@masgutovamethode.nl](mailto:wilvankessel@masgutovamethode.nl) • +31(0)610277215

---

**Financial Disclosure:** Dr. Svetlana Masgutova receives a stipend based upon an enrollment percentage.

**Non-financial Disclosure:** Dr. Svetlana Masgutova is co-owner of SMEI, however, she receives no profit from this ownership status. Income is only derived from her work at Courses, Family Conferences, Clinics and Administrative Duties.

**Course Disclosure:** *The Svetlana Masgutova Educational Institute has developed and patented a licensed technology trademarked as MNRI®. Because there are no other like-kind products available, course offerings will only cover information that pertains to the effective and safe use of the above-named products. This presentation will focus exclusively on MNRI® and will not include information on other similar or related products or services.*

**Special Needs Requests:** If you require special accommodations, please notify SMEI at [events@masgutovamethod.com](mailto:events@masgutovamethod.com) at the time of registration so that needed accommodations can be made prior to the course.

**Course Completion Requirements:** This course is not approved for partial credit. Participants must attend the course in its entirety to receive continuing education units.

### Target audience:

Speech Language Pathologists, Speech Language Pathologist Assistants, Occupational Therapists, Certified Occupational Therapy Assistants, Nurses, Physical Therapists, Physical Therapist Assistants, Educators, Psychologists, Physicians, Massage Therapists, Mental Health Counselors, Other Health Care Providers, Parents.